



Session 1: An Education in Being Human

Session 2: The Great Analogy of Spousal Love

Session 3: Man & Woman He Created Them (Our Origin)

Session 4: Man & Woman He Redeemed Them (Our History)

Session 5: The Resurrection of the body (Our Destiny)

Session 6: Celibacy for the Kingdom

Session 7: Marriage as a Sacrament

Session 8: The Language of Sexual Love

*An Introduction to the Theology of the Body: discovering the Master Plan for Your Life*, is an eight-part study designed to give you a solid understanding of God's plan for humanity – a plan stamped right into our bodies.

Most people have heard the "whats" of Catholic teaching but very few have ever heard the "whys." With profound insight, Christopher West demonstrates that the Church's teaching on sex and marriage "makes sense," and, in fact, is the "logic" of Christianity – because it corresponds perfectly with the deepest stirrings and desires of the human heart. This study is for everyone searching for their ultimate purpose in life.

In this study, you will learn:

- Why the redemption of our sexuality is the key to happiness
- How god's mystery is revealed through the body and spousal love
- The truth behind the lies of lust and pornography and how they can be overcome
- The language of sexual love
- ...and so much more!